

## Important information for visitors/tourists

- Remember that you are in a protected area, so you must not cut or pulling up wild plants or catch wild animals or its eggs as well.
- Do not light fire; it is banned anytime and anywhere.
- If you are a smoker please be extremely careful, especially during the dry season. Even you can carry a small bottle with water to put out the cigar.
- Getting out of the tracks is not allowed; because if you do that you could be lost.
- You should not approach to the wilds animals especially during the breeding season; it can be dangerous for you.
- Many birds nest in rocky places where is better not to climb so as not disturb them.
- Remember that free camping is not allowed into the park.

## Suggestions and Recommendations:

- Before the route you should visit the Interpretation centre to obtain detailed information.
- It is recommended that before the visit you should plan the trip.
- Being silent you will be able to see and listen to wild animals.
- Remember that in our area there are hot summers and cool winter, so it is important to wear the adequate clothes to each season and the appropriate shoes to walk.
- It is recommended to carry a water bottle and packed meals.
- Remember that clothes should not be colourful in order to not disturb birds.
- Carrying a good binocular (7x50, 8x30, 10x42) and a good field guide.
- If you see any hurt animal or someone doing something illegal, please inform to the park staff or call to the Information Centre +34 927199134.

## BIRDING AND WALKING MAP

### GREEN ROUTE 'GIMIO HILL' Monfragüe National Park Extremadura



## Safety information for tourists:

- If you have ill-health you should inform about your medical conditions to the information centre before you do any route.
- In the event of an accident during the trip, call to emergency 112 or/and to the information centre +34 927199134.
- Remember that if you have an illness you should not go alone, go with someone.
- Do not forget to carry your medicines with you during the visit.
- It is important to take a first aids bag with the necessary equipment.

## INFORMATION ABOUT THE GREEN ROUTE

This route has a diverse terrain; small hills surround the main stream (called Malvecino) so in some parts the topography has steep slopes and even there are rocky places during the track.

The stream Malvecino is a non-permanent flow of water, particularly in summer when it gets dry, but during the rest of the seasons it becomes heavy with a lot of amount of water.

This is a delightful itinerary where you can see mainly three kinds of ecosystems:

1- Mediterranean bush and woodland: This is the main ecosystem in the park. Due to the stream that cross the area, there are two different slopes where a diverse amount of plants grow:

- North facing: mainly cork trees and species of bushes like strawberry tree, heather or laurustinus.

- South facing: the main tree is the holm oak together with bushes like blue star, rock rose or asteraceae.

2- Riparian woodland (wooded area by the river): in and surrounding Malvecino stream, there are several species of trees like alder tree, ash tree, needle tree and species of bush like fluegea tictorea, ivy or wild grape tree.

3- Reforestation of coniferous: close to the top of Gimio hill, there are many coniferous that were planted during the 1970's.

Apart from birds, other sorts of animals can be seen, like the otter fishing in the stream, the wild board taking a bath in the mud or the red deer feeding on bushes.

Close to the rocky areas it is possible to see snakes and little lizards. In the stream and small damns you may see frogs, toads, and everywhere can be seen a huge variety of invertebrates as butterflies, beetles, dragonflies, etc. In the route it is possible to observe some cultural heritage:

- Gimio hill is one of the most important archaeological sites in Monfragüe. Close to the top of this hill, you can see rests from the Iron Age and the remains of a Roman fortress.

- A traditional stone bridge: a good example of rural architecture, it was built with the 'dry stone' technic. Remember that it cannot be crossed.

## Company logo and information here

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